# The Moultonborough Recreation Department's Youth Sports Programs are designed to provide a safe & fun youth sports experience by stressing participation, sportsmanship, fitness and skill development.

#### Athlete's Code

I will show good sportsmanship at all times.

I will cheer on my teammates and respect officials, coaches, spectators, parents and opposing team members at all times.

Winning and losing are part of the game and I will accept both with a good attitude.

I will shake the other team's hands after every competition and will congratulate them on their efforts.

As a part of a team I will accept the role I am asked to play and will support the coaches' decisions and cheer on my teammates.

I will learn, understand and follow the rules of the game.

I will attend practices and games and will try my best at all times and will do the same in the classroom and in all other parts of my life.

I will be honest, respectful and reliable at all times and will listen and learn from my coaches and officials.

- I will remember that participating in youth sports is a privilege.
- I will remember that youth sports are about fun, fitness and friendship and doing my best is more important than winning.

#### Parent's Code

- I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
- I will place the emotional and physical well being of my child ahead of my personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all youth sports events.
- I will remember that the game is for youth—not adults.
- I will do my best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans and officials with respect.
- I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan.
- I will demonstrate self-control and respect for others, including officials, other parents, spectators, coaches and athletes, at all times.

#### Coach's Code

- I will place the emotional and physical well being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for athletes in the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will promise to review and practice basic first aid principles needed to treat injuries of my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players, other coaches and officials.
- I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol.
- I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for all of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.
- I will demonstrate self control and respect for others, including officials, parents, spectators, other coaches and athletes, at all times.
- I will abide by the policies & procedures set forth by the Recreation Department.

### YOUTH SPORT CODE OF CONDUCT

## REQUIRED AGREEMENT FOR PARTICIPATION IN YOUTH SPORTS

I, the undersigned

(circle)

Athlete / Parent / Coach

have read the applicable Code of Conduct, and by signature below, am agreeing to abide by this Code as it applies to my involvement in Moultonborough Youth Sports.

I, the parent/guardian of the undersigned athlete, have read, reviewed and discussed the Athlete's Code of Conduct with my child. I understand that this form must be signed by the athlete and at least one parent in order for my child to participate in youth sports.

## Code <u>must</u> be signed by parent & athlete!

Printed Name	Signature	Date